

Things to bring to Stony Lake:

Forms

- LWM1 Liability and Release Form
- LWM2 Health History Form
- LWM3 Health Exam Form
- LWM10 Stony Lake Camper Covenant
- LWM5 High Ropes Course Form (Campers 12 and older only)

Items

- Spending money (for canteen, horseback, canoeing) **
- Medications – to be left with camp nurse *
- Clothes for one week – be prepared for warm & cold
Note: Be sure to pack at least one long sleeve item and at least one pair of long pants. They can be required for low and high ropes obstacles.
- Flashlight
- Sunscreen
- Bug spray
- Must have at least one pair of closed-toed shoes.** They are required on camp and for low and high ropes obstacle courses. *Note: for canoeing, please bring an additional pair of closed-toed shoes that can get wet.*
- Sandals with a heel strap or aqua water shoes (for dunes, Lake Michigan, waterfront)
- Sleeping bag or bedding (sleeping bag preferred for camp out)
- Pillow
- Towels/washcloth
- Toiletries – soap, shampoo, deodorant, toothpaste, toothbrush, comb/brush
- Jacket/sweatshirts
- Raingear
- Water bottle
- Pajamas/robe
- Modest swimsuit (please no bikinis or speedo's)
- Bible/pencil/paper
- Camera/film
- Stationery/stamps
- Positive mental attitude

*MEDICATIONS must come to camp in their original containers!!!! Medications will be collected by the Health Officer, documented, and made available as needed. All will be returned at the end of the week.

**SPENDING MONEY: Sweatshirts, t-shirts, and gift items will be available along with some snack items at the canteen. All money will be collected at check-in and purchases will be deducted from banked funds. Unspent money will be returned prior to checkout.

Things not to bring to Stony Lake:

- Food – if you do bring food, it will be kept in canteen
- Radios, stereos, CD players, MP-3 players, TVs, computers, electronic games i.e. Game Boy/PSP, Expensive cameras or video cameras
- Cell phones/pagers
- Expensive watches, jewelry, etc.

It is assumed that campers will not bring tobacco, alcohol, illegal drugs, fireworks, firearms, or other weapons.